

Course Rating 68.8

Men's WHITE (from 2 Nov 2020)

Par 70 Slope 127

Handicap Index	Playing Handicap	Handicap Index	Playing Handicap
+5.0 to +4.9	+6	22.7 to 23.5	26
+4.8 to +4.1	+5	23.6 to 24.4	27
+4.0 to +3.2	+4	24.5 to 25.3	28
+3.1 to +2.3	+3	25.4 to 26.2	29
+2.2 to +1.4	+2	26.3 to 27.1	30
+1.3 to +0.5	+1	27.2 to 28.0	31
+0.4 to 0.4	0	28.1 to 28.9	32
0.5 to 1.3	1	29.0 to 29.8	33
1.4 to 2.2	2	29.9 to 30.6	34
2.3 to 3.1	3	30.7 to 31.5	35
3.2 to 4.0	4	31.6 to 32.4	36
4.1 to 4.8	5	32.5 to 33.3	37
4.9 to 5.7	6	33.4 to 34.2	38
5.8 to 6.6	7	34.3 to 35.1	39
6.7 to 7.5	8	35.2 to 36.0	40
7.6 to 8.4	9	36.1 to 36.9	41
8.5 to 9.3	10	37.0 to 37.8	42
9.4 to 10.2	11	37.9 to 38.7	43
10.3 to 11.1	12	38.8 to 39.5	44
11.2 to 12.0	13	39.6 to 40.4	45
12.1 to 12.9	14	40.5 to 41.3	46
13.0 to 13.7	15	41.4 to 42.2	47
13.8 to 14.6	16	42.3 to 43.1	48
14.7 to 15.5	17	43.2 to 44.0	49
15.6 to 16.4	18	44.1 to 44.9	50
16.5 to 17.3	19	45.0 to 45.8	51
17.4 to 18.2	20	45.9 to 46.7	52
18.3 to 19.1	21	46.8 to 47.6	53
19.2 to 20.0	22	47.7 to 48.4	54
20.1 to 20.9	23	48.5 to 49.3	55
21.0 to 21.7	24	49.4 to 50.2	56
21.8 to 22.6	25	50.3 to 51.1	57

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Playing Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These playing handicaps have been calculated using a 100% handicap allowance.

Course Rating 67.4

Men's YELLOW (from 2 Nov 2020)

Par 70

Slope 124

Handicap Index	Playing Handicap	Handicap Index	Playing Handicap
+5.0 to +4.2	+5	26.0 to 26.8	29
+4.1 to +3.2	+4	26.9 to 27.7	30
+3.1 to +2.3	+3	27.8 to 28.7	31
+2.2 to +1.4	+2	28.8 to 29.6	32
+1.3 to +0.5	+1	29.7 to 30.5	33
+0.4 to 0.4	0	30.6 to 31.4	34
0.5 to 1.3	1	31.5 to 32.3	35
1.4 to 2.2	2	32.4 to 33.2	36
2.3 to 3.1	3	33.3 to 34.1	37
3.2 to 4.1	4	34.2 to 35.0	38
4.2 to 5.0	5	35.1 to 35.9	39
5.1 to 5.9	6	36.0 to 36.9	40
6.0 to 6.8	7	37.0 to 37.8	41
6.9 to 7.7	8	37.9 to 38.7	42
7.8 to 8.6	9	38.8 to 39.6	43
8.7 to 9.5	10	39.7 to 40.5	44
9.6 to 10.4	11	40.6 to 41.4	45
10.5 to 11.3	12	41.5 to 42.3	46
11.4 to 12.3	13	42.4 to 43.2	47
12.4 to 13.2	14	43.3 to 44.1	48
13.3 to 14.1	15	44.2 to 45.1	49
14.2 to 15.0	16	45.2 to 46.0	50
15.1 to 15.9	17	46.1 to 46.9	51
16.0 to 16.8	18	47.0 to 47.8	52
16.9 to 17.7	19	47.9 to 48.7	53
17.8 to 18.6	20	48.8 to 49.6	54
18.7 to 19.5	21	49.7 to 50.5	55
19.6 to 20.5	22	50.6 to 51.4	56
20.6 to 21.4	23	51.5 to 52.3	57
21.5 to 22.3	24	52.4 to 53.3	58
22.4 to 23.2	25	53.4 to 54.0	59
23.3 to 24.1	26		
24.2 to 25.0	27		
25.1 to 25.9	28		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Playing Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These playing handicaps have been calculated using a 100% handicap allowance.

Course Rating 70.6

Women's RED (from 2 Nov 2020)

Par 72 Slope 133

Handicap Index	Playing Handicap	Handicap Index	Playing Handicap
+5.0 to +4.7	+6	23.4 to 24.2	28
+4.6 to +3.9	+5	24.3 to 25.0	29
+3.8 to +3.0	+4	25.1 to 25.9	30
+2.9 to +2.2	+3	26.0 to 26.7	31
+2.1 to +1.3	+2	26.8 to 27.6	32
+1.2 to +0.5	+1	27.7 to 28.4	33
+0.4 to 0.4	0	28.5 to 29.3	34
0.5 to 1.2	1	29.4 to 30.1	35
1.3 to 2.1	2	30.2 to 31.0	36
2.2 to 2.9	3	31.1 to 31.8	37
3.0 to 3.8	4	31.9 to 32.7	38
3.9 to 4.6	5	32.8 to 33.5	39
4.7 to 5.5	6	33.6 to 34.4	40
5.6 to 6.3	7	34.5 to 35.2	41
6.4 to 7.2	8	35.3 to 36.1	42
7.3 to 8.0	9	36.2 to 36.9	43
8.1 to 8.9	10	37.0 to 37.8	44
9.0 to 9.7	11	37.9 to 38.6	45
9.8 to 10.6	12	38.7 to 39.5	46
10.7 to 11.4	13	39.6 to 40.3	47
11.5 to 12.3	14	40.4 to 41.2	48
12.4 to 13.1	15	41.3 to 42.0	49
13.2 to 14.0	16	42.1 to 42.9	50
14.1 to 14.8	17	43.0 to 43.7	51
14.9 to 15.7	18	43.8 to 44.6	52
15.8 to 16.5	19	44.7 to 45.4	53
16.6 to 17.4	20	45.5 to 46.3	54
17.5 to 18.2	21	46.4 to 47.1	55
18.3 to 19.1	22	47.2 to 48.0	56
19.2 to 19.9	23	48.1 to 48.8	57
20.0 to 20.8	24	48.9 to 49.7	58
20.9 to 21.6	25	49.8 to 50.5	59
21.7 to 22.5	26	50.6 to 51.4	60
22.6 to 23.3	27	51.5 to 52.2	61

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Playing Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These playing handicaps have been calculated using a 100% handicap allowance.